

## Our TOP TWENTY things to do WITHIN AN HOUR

### Walking

1. Brecon Beacons National Park - exposed walking - highest peak Pen-y-fan  
For information - Mountain Centre, Libanus
2. Waterfalls - Sheltered walking – Ystradfellte.  
For information - Waterfall Centre, Pont Nedd Fechan (Pont Neath Vaughan)
3. Forest and Lakes – sheltered walking – fishing permit meter in the car park.  
For information - Garwnant Forest Centre, Llwyn Onn
4. The Railway Walk, Blaen-nant-y-groes (see separate sheet)

### Underground

4. Dan-yr-Ogof Show Caves, Abercrave
5. Whilst you are at the caves, visit Craig-y-Nos Castle
6. Big Pit, Blaenafon – this is free!!  
A preserved coal mine – you will be guided and entertained by an ex miner

### Museums

7. National Museum of Wales, Cardiff.
8. National Maritime Museum, Swansea.
9. Museum of Welsh Life, St. Fagans, near Cardiff.

### Beaches

10. You won't beat the Gower Peninsular to the West of Swansea.  
Start in Mumbles and tour the South Gower beaches finishing at Rhossilli on the western tip – voted Britain's best beach more than once

### Cardiff

11. Now the old port is a vibrant modern city with acres of undercover shopping,
12. The Millennium Stadium and Millennium Centre.

### Castles

13. Cardiff Castle.
14. Caerphilly Castle
15. Carreg Cenin Castle

### Eating & Drinking

16. Rhoswenallt Inn, Abernant. One mile walk along the track that runs from the bottom of our drive. Tel: 01685 886428
17. Nant Ddu Lodge, five north of the A465 on the A470 to Brecon.  
Excellent food in the restaurant Tel: 01685 379111  
Same food in the bar where there is no need to book.
18. The Bear, Crickhowell. Tel: 01873 810408  
A little further afield this old Coaching Inn is perfect for dog owner
19. Penderyn Whiskey Distillery, Penderyn

### Mountain biking

20. Bike Park Wales – we are told “one of the top ten in the world”